

# ISAEC

## Inter-professional Spine Assessment and Education Clinics

### Preparing your patient for success



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A crucial step in the successful execution of ISAEC is identifying those patients, in accordance with ISAEC's inclusion and exclusion criteria, who would benefit from the program. Once an eligible patient has been identified, it is important to inform the patient about what ISAEC entails.

ISAEC provides Low Back Pain (LBP) patients with rapid access, thorough assessment and education with an emphasis on self-management. As with managing patients, consistent messaging should be utilized when screening patients for an ISAEC referral. Here is an example: "Hi Bob, it seems like you're having difficulty managing your back/leg pain. I'd like to refer you to a new government funded LBP program called ISAEC. You will undergo a thorough examination conducted by a highly trained advanced practice clinician to determine possible causes of your pain. Based on their findings, you will be provided with a personalized self-management plan and shown exercises to help you manage your pain more effectively.

